



SPARKS SECONDE

<https://quizlet.com/fr/677759642/what-is-a-sport-page-73-75-flash-cards/>

<https://quizlet.com/fr/677762283/what-is-a-sport-page-77-79-flash-cards/?new>

**SPORTS. Book page 70** <https://manuelnumeriquemax.belin.education/anglais-seconde/chapter/ang2-chap05>

Manuel: <https://fr.calameo.com/read/003221622d6f35e1ddf7c?authid=vPeEqOwCdAvR&page=70>

Describe page 70-71. In groups, talk about sports.

What sports have you started doing this year?

What sports have you done in your lives?

What are your favourite sports and why?

What don't you like about some sports and why?

What equipment do you need to do the sports you like?



Look at the pictures and compare the sports page 72 and page 73.

What are the similarities? What are the differences? What gear do the players need?

Do you think esports are really sports?

Use the words However Unlike That's why which

These two activities may seem worlds apart but **they have a lot in common**, as shown in the photos.

For example, eSports can be a team sport **which** relies on sponsorship, just like football.

**However**, this sport doesn't involve much physical effort. Gamers just sit in front of their computer for hours on end, **unlike** football players **who** have to run and score goals to win a game. **That's why** it is hardly compatible with the mainstream definition of sport.

Watch this video and write 5 to 10 lines to describe what /who you can see. Answer the questions



<https://www.youtube.com/watch?v=Y76hSxoxClg>

Disabled people : personnes handicapées.

What sports do the people play in the video and what disciplines represented in the Olympic games can you see?

What is the message of the video?

What do you think of this video? What are your reactions?

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make sentences with the vocabulary : Book page 73.

An arena a stadium the bleachers a championship a football pitch a soccer field a headset a jersey a screen spectators a sponsor advertising a team sport a tournament a league elated overjoyed burst clench fists

Both players also/as well/too contrary to traditional sports whereas in contrast/ on the other hand

What do you remember?



Watch this video: <https://www.youtube.com/watch?v=vIQmibsRgZY>

Talk about football players, their image, popularity.

Is their life very different from our lives. Do they go shopping in supermarkets with ordinary people. If they are famous, what can't they do in their everyday lives?

Watch the video about a famous football star and describe the people's reactions.

Do they think that he is really good? Do they all stop to watch him?

Why can it be fun for the football player?

What do you think that the people in the streets think when they recognise him in the end?

# Sport is about testing yourself

## Can we reach beyond our limits?

### The Runner's High

*Caught stealing cash from a bakery, Smith, the narrator, is sent to Borstal, a prison school, in which he is detained in austere conditions. This is where he starts running long distance.*

I've been asking myself all sorts of questions, and thinking about my life up to now. And I like doing all this. It's a treat. It passes the time away and don't make Borstal seem half so bad as the boys in our street used to say it was. And this long-distance running lark is the best of all, because it makes me think so good that I learn things even better than when I'm on my bed at night. And apart from that, what with thinking so much while I'm running I'm getting to be one of the best runners in the Borstal. I can go my five miles round better than anybody else I know.

So as soon as I tell myself I'm the first man ever to be dropped into the world, and as soon as I take that first flying leap out into the frosty grass of an early morning when even birds haven't the heart to whistle, I get to thinking, and that's what I like. I go my rounds in a dream, turning at lane or footpath corners without knowing I'm turning, leaping brooks without knowing they're there, and shouting good morning to the early cow-milker without seeing him.

It's a treat, being a long-distance runner, out in the world by yourself with not a soul to make you bad-tempered or tell you what to do or that there's a shop to break and enter a bit back from the next street. Sometimes I think that I've never been so free as during that couple of hours when I'm trotting up the path out of the gates and turning by that bare-faced, big-bellied oak tree at the lane end. Everything's dead, but good, because it's dead before coming alive, not dead after being alive. That's how I look at it. Mind you, I often feel frozen stiff at first. I can't feel my hands or feet or flesh at all, like I'm a ghost who wouldn't know the earth was under him if he didn't see it now and again through the mist. But even though some people would call this frost-pain suffering if they wrote about it to their mams in a letter, I don't, because I know that in half an hour I'm going to be warm, that by the time I get to the main road and am turning on to the wheatfield footpath by the bus stop I'm going to feel as hot as a potbellied stove and as happy as a dog with a tin tail.

*The Loneliness of the Long Distance Runner, Alan Sillitoe, 1959*



© Philipp Nemenz, 2018

I feel confident



#### 1 Look at the picture.

Think of 5 words you would associate with running.

#### 2 Read the text.

- What are the difficulties the narrator has to face?
- How does running help him overcome these difficulties?

#### 3 Read the quote.

- According to Aly Raisman, what is the essential quality of a gymnast?
- Explain how this quote could also apply to Smith, the narrator of the text. Think! How can sport help us reach beyond our limits?

## LESSON 4 SPORTS. Book page 74-75

**Homework:** Listen to Erica talking about cheerleading

<https://audio-lingua.eu/spip.php?article3853>

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### **Listening comprehension(homework) Write the four lines**

0 mn to 2m15: Where does Erica live? Say two sports that you do when you are a cheerleader? How old was Erica when she started? Is it a hobby for her?

Underline the words you can hear: stunts\* coach \* points \* college \* recess \* gymnastics \*

Listen to the end and write the words you understand.

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Vocab page 73: Repeat

[https://manuelnumeriquemax.belin.education/anglais-seconde/topics/ang2-chap05-072-a\\_think-the-wide-world-of-sports](https://manuelnumeriquemax.belin.education/anglais-seconde/topics/ang2-chap05-072-a_think-the-wide-world-of-sports)

Listen to the vocabulary page 75 and repeat

<https://manuelnumeriquemax.belin.education/anglais-seconde/topics/ang2-chap05-074-a?chapterId=ang2-chap05>



Work in groups. You wrote sentences about the vocab page 75. Read your sentences and react to what your friends say. Ex: Forrest Gump is a long distance runner. Oh yes, I saw that film. He can run very far! My sister is bad-tempered. She breaks everything when she is angry. .... Oh, mine too. She always gets angry with me.



Now listen to the text we studied last lesson: The Runner's high

<https://manuelnumeriquemax.belin.education/anglais-seconde/topics/ang2-chap05-074-a?chapterId=ang2-chap05>

What is the common point between the runner and the gymnast?

You can use the words physical exhaustion \* give up \* overcome \* surpass \* limits

They overcome physical exhaustion, they never give up.

They surpass themselves and reach beyond their limits.

Video study: <https://www.youtube.com/watch?v=RJFReMY6Rgw>

       Ballerina

Talk about all the problems that sportsmen/sportswomen face during lockdown.

How do they manage to overcome some of their problems?

SPORTS <https://view.genial.ly/5c53670aa9e79373d7ec6304/interactive-content-sports-in-the-english-speaking-world>

Reading comprehension : Hussain bolt :

[https://www.liveworksheets.com/worksheets/en/English\\_as\\_a\\_Second\\_Language\\_\(ESL\)/Reading\\_comprehension/5%C2%B0\\_58\\_vb773247cj](https://www.liveworksheets.com/worksheets/en/English_as_a_Second_Language_(ESL)/Reading_comprehension/5%C2%B0_58_vb773247cj)

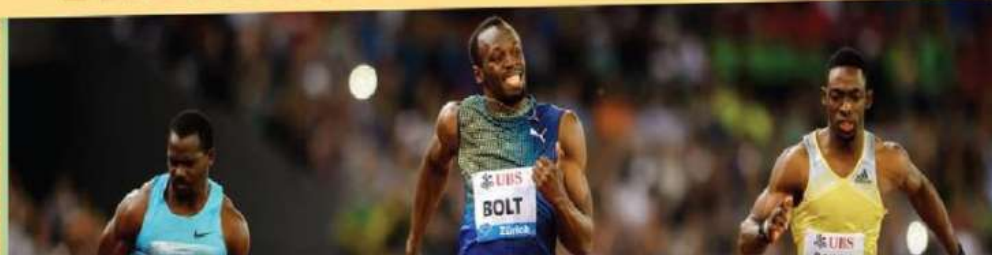
Homework correction. What are American girls famous for before important American football matches or other sport events? [https://www.youtube.com/watch?v=yWO\\_ZqMzqZQ](https://www.youtube.com/watch?v=yWO_ZqMzqZQ)

Listen to Erica talking about cheerleading

<https://audio-lingua.eu/spip.php?article3853>

Listen again and react in groups. What did you understand and what do you think of cheerlea

## The fastest man in the world



Many people say that Usain Bolt is the world's fastest man ever. In 2008 he won three gold medals at the Beijing Olympic Games in the men's 100m, 200m, and 4x100m relay. He also broke three world records. He was the first person to win these three events at the same Olympics. Then, at the London Olympics in 2012, he won three gold medals again in the same events! This is his story.

Usain Bolt was born in Jamaica on August 21, 1986. He lived in a small town called Trelawney, where his parents had a small food shop. When he was a child, Usain played cricket and football in the street with his brother, Sadeeki, and sister, Sherine. Usain was very good at cricket, and wanted to play for the West Indies.

Usain loved all sports and was one of the best runners at his school, but his sports coach wanted him to be an athlete. So Usain started to run in competitions. He won many races and, when he was 15, he won a gold medal and two silver medals at the 2002 World Junior

Championships in Kingston, Jamaica.

In 2004, Usain ran in the Olympic Games in Athens. He didn't win a medal because he had an injured leg. However, at the 2008 Olympic Games he became world famous.

Usain was always an ambitious boy and wanted to do well. His family was quite poor, but now he can help them and the people in his town. He also inspires young sportspeople all over the world.

So, how does he run so fast? Is it because he is so tall? Most athletes are around 182cm tall, but Usain Bolt is 196cm tall. He is taller and his legs are longer, so he takes fewer steps.

### Fun Facts

Usain Bolt likes dancing and watching football. His favourite team is England's Manchester United. People call him *Lightning Bolt*.



ding. Do you think there should be cheerleaders before important football matches or other sports? Why? Did you ever see cheerleaders in real life or in films? What did you think of it?

Now work in groups on the other recordings and write a few sentences in your copy-books

[https://audio-lingua.eu/spip.php?mot199&id\\_rubrique=2&debut\\_articles=30#pagination\\_articles](https://audio-lingua.eu/spip.php?mot199&id_rubrique=2&debut_articles=30#pagination_articles)

Reading comprehension: Hussain Bolt

[https://www.liveworksheets.com/worksheets/en/English\\_as\\_a\\_Second\\_Language\\_\(ESL\)/Reading\\_comprehension/5%C2%B0\\_58\\_vb773247cj](https://www.liveworksheets.com/worksheets/en/English_as_a_Second_Language_(ESL)/Reading_comprehension/5%C2%B0_58_vb773247cj)

Read the text and join

2002

- He won three medals at the the Beijing Olympic games.

2004

- He won three gold medals at the London Olympics.

2008

- He didn't win a medal because he had an injured leg.

2012

- He won a gold medal and two silver medals at the World Junior Championships.



Choose the correct option

1. Usain is from

Beijing

London

Jamaica

2. When he was a child he liked

dancing and watching football

playing cricket and football

running and watching TV

3. He lived with

his parents

his parents and his brother Sadeeki

his parents, his brother and his sister

4. His family was quite

poor

and his parents had a

rich

sports shop

food shop

5. He runs very fast because

he is light

he has longer legs

he trains hard

## Skydiving: an amazing experience!

1) When I was sixteen I wrote a bucket list. This was a list of things that I wanted to do in my lifetime. Some things were easy, some difficult and some near impossible. One of the things on my bucket list was to do a skydive.



2) Two years ago I spent three months travelling round South America. We visited so many places and it was a great experience. One of the most amazing things we saw was Iguassu Falls. The day after we visited the waterfalls we were relaxing in a hostel in Brazil, having breakfast. My friend then suddenly noticed an advert on the wall saying 'skydive over Iguassu Falls today!' We looked at each other and decided it was time to do something crazy. Today would be the day that we would jump out of a plane.

3) That afternoon we were picked up and taken to the Skydive Centre. We put on our harnesses and helmets and we were given some instructions. After signing a few papers we were on our way to the plane! There were 14 of us in a very small space as we took off into the air. This is when my heart started to beat very fast and I felt lots of adrenaline.

4) Suddenly we were 10,000 feet (3,000 metres) above the ground. Luckily, I was strapped to an instructor so I didn't have to worry about anything; I just had to enjoy myself. He asked me if I was ready to fall from the plane ... but before I had time to answer, I felt the wind rushing against my face as we fell to the ground at 200 km an hour! Everything below me looked so small and my breath was literally taken away.

5) After about 20 seconds of falling, the parachute opened and everything slowed down. We floated peacefully towards earth, leaving the clouds behind us. This was definitely one of the scariest but most exhilarating experiences of my life. The sensation of falling from so high is amazing and the adrenaline rush is crazy. I would definitely do another skydive if I had the opportunity. I would also love to try other extreme sports such as bungee jumping. I think that everyone should do something that scares them once in a while!

Read this text out loud(à voix haute): **Skydiving: an amazing experience!**

- 1) You can go on a text to speech to check the pronunciation of words.  
Look up the unknown words and the underlined words.
- 2) Write one or two questions and on FULL ANSWER for each paragraph(there are 5 paragraphs).  
For ex: Paragraph 2: Where did the narrator do his first skydive? He did it in Brazil.
- 3) Do a list more than ten extreme sports and write a list in your copybook.
- 4) Choose 3 extreme sports and describe them.
- 5) Say what you think of extreme sports.  
Are you afraid of some of them? Which ones have you already done?  
Which one would you put in your bucket list?  
Which one do you think are really dangerous?  
When you are an adult, which ones would you like to do with friends or family?  
In what country would you like to practise these sports?

Write a few sentences about this video:

<https://www.youtube.com/watch?v=bFIB05LGtMs>

Will Smith and his family are skydiving. What does Will Smith say about this experience?



Will Smith and his family are skydiving. What does Will Smith say about this experience?

Work you had to do for today: Homework: Finish your presentations. Put it on the padlet for correction.

Look at your list of irregular verbs and write the verbs you don't know in your copy-books (there are more verbs on the cover of your book).

**Read the small text at the bottom of page 75 on the right.**

What can you say about this?

What other sports can release endorphins?

What is the effect of endorphins?

What did people do long ago when they had to hunt to eat?



Talk about sports and pleasure.

**Wife-Carrying: Location: Finland.**

<https://www.youtube.com/watch?v=p7IM9f16QZ4>

The sport of wife carrying involves hoisting up your little miss and, well, running. Through forest. Through sand. Through water. Over log hurdles.

Three postures for toting your lady exist: piggybacking, dangling upside down over the shoulder, or resting crosswise on the shoulders. The sport has its origins back in the days when to get a girlfriend, you just up and stole her from a neighbouring village. The Wife Carrying World Championships have taken place in the city of Sonkajarvi every year since 1992.



**Sumo wrestling Location: Japan.**

Have you ever stopped and thought about just how odd this sport is? Titanically obese men wear diapers, grunt, slap each other in the face and squash their roles of fat into each other. Can you believe these guys are rock stars in Japan?

[https://www.youtube.com/watch?v=Cj\\_QyxPZE8M](https://www.youtube.com/watch?v=Cj_QyxPZE8M)

**Sepak Takraw from Malaysia** <https://www.youtube.com/watch?v=8T2VwSyTGtI>

This game is said to have been first played by the Malaysian Royal Family in the 15th century and resembles modern day volleyball, with a few exceptions of course.

Played in a court the same size as a badminton court, with two teams of three on either side of a 5-foot net, the aim of the game is simple: don't drop the ball! Unlike volleyball, players can only touch the ball once before it goes over the net, and they're not allowed to touch the ball with their hands! This leads to all sorts of acrobatic displays from the players who use ingenious (and sometimes beautiful) methods to keep the ball from faulting on their patch.



- 1) Read the text. Look up the unknown **vocabulary**.
- 2) **Compare** the three sports  
Use the words: painful \* dangerous \* physically demanding \* technical \* acrobatic ... and more...
- 3) Say **what you think** of each sport: does it sound interesting to you? Why? Would you go and watch it?

Did you know all the sports? Which one would you like to try when you are an adult? Which one do you think is a bit ridiculous and why? What gives you pleasure when you play a sport? Which sports haven't you tried yet?



a. (wife carrying)

b (sumo wrestling)

c(sepak takraw)

## **PAGES OF YOUR BOOK. SPORTS:**

<https://fr.calameo.com/read/003221622d6f35e1ddf7c?authid=vPeEqOwCdAvR&page=70>

**What do you remember about sports and pleasure?**

Write about it: Use the words: Enjoy. Crazy about. Mad about. ...

What gives you pleasure when you play a sport?

If you don't feel happy, what do you think would make you happy? Maybe something you haven't tried yet?

When do you feel most disappointed?

### **Book page 76: Feed 2: Sport is about pleasure. Describe the picture**

Listen to the vocabulary and repeat

[https://manuelnumeriquemax.belin.education/anglais-seconde/topics/ang2-chap05-076-a\\_feed-2-sport-is-about-pleasure](https://manuelnumeriquemax.belin.education/anglais-seconde/topics/ang2-chap05-076-a_feed-2-sport-is-about-pleasure)

### **Watch a video : definition of SPORT**

Talk about it in groups

<https://manuelnumeriquemax.belin.education/anglais-seconde/topics/ang2-chap05-076-a?chapterId=ang2-chap05>

### **The origin of the word "sport", Oxford Dictionary**

Our main definition of sport includes the criteria "involving physical exertion", which may disappoint players of darts, golf, snooker and chess, who argue that these less physical games also constitute sports. The origin of the word sport might provide some interesting insights into this debate. Sport is a shortening of disport, a now archaic word meaning diversion from serious duties or recreation. This paints a much broader picture of sports than that which the word generally covers today. In fact, the Oxford English Dictionary's earliest evidence of the shortened term 'sport' refers to the sport of reading. The association of sport with physical activity didn't become dominant until the 18th and 19th centuries, when it became associated first with hunting, fishing and shooting, and eventually with more familiar sports like football and cricket.

**Watch these videos and give key-words to describe it. Make some comments.**

<https://www.youtube.com/watch?v=0-ai0GGeRjs>

<https://www.youtube.com/watch?v=KEh3wz-92i4>

### 3 Read the text.

- a. Find as much information as possible about the event (What? Where? How often? Who?)
- b. Choose the two adjectives which best correspond to the sport:

dangerous

exhausting

boring

amusing

complicated

Use words from the text to justify your choice.

- c. Describe the atmosphere at Cooper's Hill Cheese-Rolling competition.
- d. In what way does cheese-rolling correspond to the historical definition of sport you discovered in the video?



The **Cooper's Hill Cheese-Rolling and Wake** is an annual event held on the [Spring Bank Holiday](#) at [Cooper's Hill](#), near [Gloucester](#) in [England](#). Participants race down the 200-yard-long hill after a round of [Double Gloucester cheese](#) is sent rolling down it. The event was traditionally held by and for the people who live in the local village of [Brockworth](#), but now people from all over the world take part. [The Guardian](#) called it a "world-famous event", with winners coming from Canada, Australia, New Zealand, and Nepal.

Read the text page 76.

## Cheese-Rolling



Work in groups to answer questions 3 page 76 and talk to the class when you have finished.

When one thinks of dangerous sports, things like mixed martial arts, street lugging, and base jumping come to mind. Go ahead and add cheese-rolling to the list.

- 5 The annual Cooper's Hill Cheese Roll competition in Brockworth, England, involves stalwart athletes chasing eight-pound rounds of double Gloucester cheese down a ridiculously steep hill. It sounds quaint, however it's anything but, with cheese-chasers often seriously injuring themselves in the process.

- 10 This year's reigning champion was locally-raised cheese-chasing hero Chris Anderson, a soldier by trade, who ran down the steep hill, tearing his left calf, as he chased his wheel of cheese as it topped out at speeds of 70 mph, according to the BBC. His fiercest competition came from an Australian man called "Mangoes" who wore only a "budgie smuggler" (a Speedo-like swimsuit) and boots and called the race the most  
15 exhilarating thing you can do.

## **CHEESE ROLLING**

### **Book page 76**

**In this picture we can see people falling down a hill.**

**There is/are / We can observe**

**They are running and falling down the hill.**

**They look happy, scared, determined.**

**They win a big cheese.**

**In my opinion/ I think that this sport is very dangerous, it's crazy and funny.**

**In the background the spectators are laughing.**

**Group B In this picture, I can see a lot of men going down a hill.**

**/ I can observe/ there is/are /**

**They are running, jumping, falling, tumbling down the hill.**

**They look determined, happy, exhilarated, maybe scared. They make strange faces.**

**The prize is a giant cheese.**

**This sport is very dangerous, you can hurt yourself, break a bone or, who knows ? Kill yourself.**

**Video study :**

**Some of the competitors are disguised. One is disguised as superman, one as a tiger, one of them is almost naked.**

**They sometimes slide on the bum/bottom/buttock/butt.**

**There are many/a lot of spectators.**

**What is your reaction ?**

**\* I think it's ridiculous because they can buy the cheese in a supermarket.**

**\* I think it's very funny because the show is spectacular.**

<https://www.youtube.com/watch?v=0-ai0GGeRjs>

<https://www.youtube.com/watch?v=wTpByF3IDb8>

## **WORK ON 9 TEXTS ABOUT SPORTS AND VALUES.**

Work in groups.

You will have each text for a few minutes. You will answer some questions and write your reactions.

One person can use a phone to look up the vocabulary

Everybody writes. Everybody must speak or repeat.

You will then talk about a text to the class.

The class will ask you questions.

### **Respect and admiration**

What countries were competing in this 1970 match?

What symbolic gesture did two players do?

What privilege did Xavi have? Why was it important for him?

What players have you got respect and admiration for? Why do you think you admire them?

Who do sportsmen/sportswomen have to respect and why?

### **Involvement and selflessness**

Examples of humility

Examples of fair play

3 ex of courage

Respect for others, balanced life

Examples of commitment, failure and resilience

Commitment and courage



Love of sports and team work

[https://quizlet.com/\\_95hyrh?x=1qqt&i=1bpmvn](https://quizlet.com/_95hyrh?x=1qqt&i=1bpmvn)

sports

<https://quizlet.com/join/HARWgPC3E>

More videos

<https://www.youtube.com/watch?v=5cwKlna3nKc>

Threadmill

[https://www.youtube.com/watch?v=pPGaGZTMc\\_4&feature=youtu.be](https://www.youtube.com/watch?v=pPGaGZTMc_4&feature=youtu.be)

surfing

[https://www.youtube.com/watch?v=sVy\\_-3aGBXc](https://www.youtube.com/watch?v=sVy_-3aGBXc)

Grandpa can skateboard

<https://www.youtube.com/watch?v=Oe3St1GqoHQ>

Running on water

<https://www.youtube.com/watch?v=NX7QNWEGcNI>

Parkour

<https://www.youtube.com/watch?v=AUUVfPy0Ugl&feature=youtu.be>

Wheelchair competitions

<https://www.youtube.com/watch?v=WRqnTODwvEA&feature=youtu.be>

Wingsuit flying

[https://www.youtube.com/watch?v=Ew\\_WrrG7MA0&feature=youtu.be](https://www.youtube.com/watch?v=Ew_WrrG7MA0&feature=youtu.be)

Travel on and under water