

Talk about sports.

What sports have you started doing this year?

What sports have you done in your lives?

What are your favourite sports and why?

What don't you like about some sports and why?

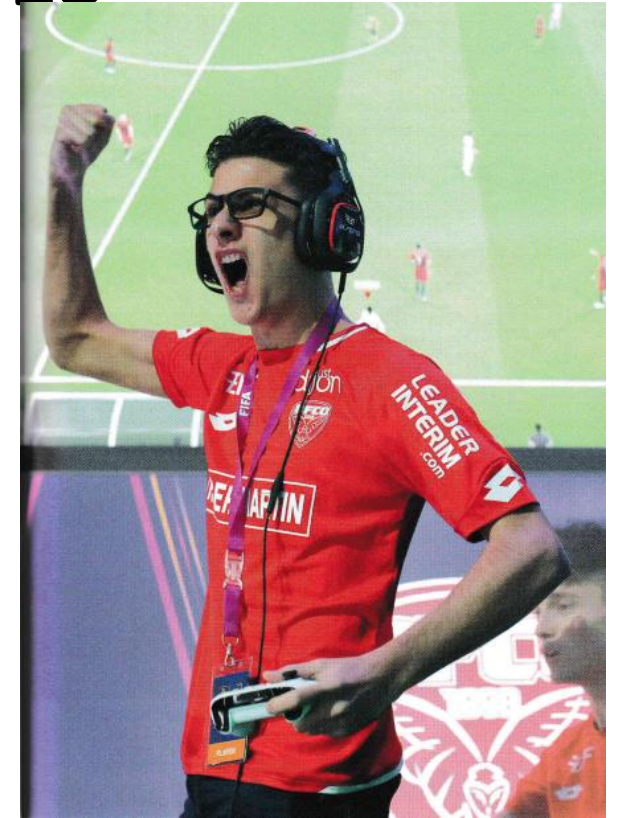
What equipment do you need to do the sports you like?

https://quizlet.com/_95hyrh?x=1qqt&i=1bpmvn

sports

<https://quizlet.com/join/HARWgPC3E>

SPORTS AND VALUES



Look at the pictures and compare the sports

What are the similarities? What are the differences?

What gear do the players need?

Do you think esports are really sports?

Use the words However Unlike That's why which sponsorship physical effort run

These two activities may seem worlds apart but **they have a lot in common**, as shown in the photos.

For example, eSports can be a team sport **which** relies on sponsorship, just like football.

However, this sport doesn't involve much physical effort. Gamers just sit in front of their computer for hours on end, **unlike** football players **who** have to run and score goals to win a game.

That's why it may seem difficult to call it a sport.

Watch a video : definition of SPORT

Talk about it in groups

<https://manuelnumeriquemax.belin.education/anglais-seconde/topics/ang2-chap05-076-a?chapterId=ang2-chap05>

The origin of the word “sport”, Oxford Dictionary

Our main definition of sport includes the criteria “involving physical exertion”, which may disappoint players of darts, golf, snooker and chess, who argue that these less physical games also constitute sports. The origin of the word sport might provide some interesting insights into this debate. Sport is a shortening of disport, a now archaic word meaning diversion from serious duties or recreation. This paints a much broader picture of sports than that which the word generally covers today. In fact, the Oxford English Dictionary’s earliest evidence of the shortened term ‘sport’ refers to the sport of reading. The association of sport with physical activity didn’t become dominant until the 18th and 19th centuries, when it became associated first with hunting, fishing and shooting, and eventually with more familiar sports like football and cricket.

We're the superhumans. Rio Paralympics. <https://www.youtube.com/watch?v=locLkk3aYlk>



What sports do the people play in the video and what disciplines are represented in these Paralympic games?

What is the message of the video?

What do you think of this video? What are your reactions?

Watch this video:

<https://www.youtube.com/watch?v=Zlhdnkr0uM>



Talk about football players, their image, popularity.

Is their life very different from our lives. Do they go shopping in supermarkets with ordinary people. If they are famous, what can't they do in their everyday lives?

Watch the video about a famous football star and describe the people's reactions.

Do they think that he is really good? Do they all stop to watch him?

Why can it be fun for the football player?

What do you think that the people in the streets think when they recognise him in the end?

CHEERLEADERS

https://www.youtube.com/watch?v=yWO_ZqMzqZQ

Listen to Erica talking about cheerleading

<https://audio-lingua.eu/spip.php?article3853>

Listen again and react in groups.

What did you understand and what do you think of cheerleading.

Do you think there should be cheerleaders before important football matches or other sports? Why?

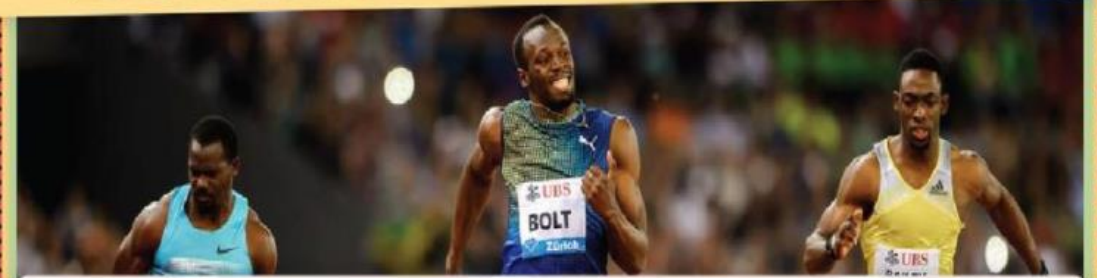
Did you ever see cheerleaders in real life or in films?

What did you think of it?

Reading comprehension: Hussain Bolt

[https://www.liveworksheets.com/worksheets/en/English_as_a_Second_Language_\(ESL\)/Reading_comprehension/5%C2%B0_58_vb773247cj](https://www.liveworksheets.com/worksheets/en/English_as_a_Second_Language_(ESL)/Reading_comprehension/5%C2%B0_58_vb773247cj)

The fastest man in the world



Many people say that Usain Bolt is the world's fastest man ever. In 2008 he won three gold medals at the Beijing Olympic Games in the men's 100m, 200m, and 4x100m relay. He also broke three world records. He was the first person to win these three events at the same Olympics. Then, at the London Olympics in 2012, he won three gold medals again in the same events! This is his story.

Usain Bolt was born in Jamaica on August 21, 1986. He lived in a small town called Trelawney, where his parents had a small food shop. When he was a child, Usain played cricket and football in the street with his brother, Sadeeki, and sister, Sherine. Usain was very good at cricket, and wanted to play for the West Indies.

Usain loved all sports and was one of the best runners at his school, but his sports coach wanted him to be an athlete. So Usain started to run in competitions. He won many races and, when he was 15, he won a gold medal and two silver medals at the 2002 World Junior

Championships in Kingston, Jamaica. In 2004, Usain ran in the Olympic Games in Athens. He didn't win a medal because he had an injured leg. However, at the 2008 Olympic Games he became world famous.

Usain was always an ambitious boy and wanted to do well. His family was quite poor, but now he can help them and the people in his town. He also inspires young sportspeople all over the world.

So, how does he run so fast? Is it because he is so tall? Most athletes are around 182cm tall, but Usain Bolt is 196cm tall. He is taller and his legs are longer, so he takes fewer steps.

Fun Facts

Usain Bolt likes dancing and watching football. His favourite team is England's Manchester United. People call him *Lightning Bolt*.



Read the text and join

2002 - He won three medals at the the Beijing Olympic games.

2004 - He won three gold medals at the London Olympics.

2008 - He didn't win a medal because he had an injured leg.

2012 - He won a gold medal and two silver medals at the World Junior Championships.

Choose the correct option

1. Usain is from Beijing London Jamaica

2. When he was a child he liked dancing and watching football playing cricket and football running and watching TV

3. He lived with his parents his parents and his brother Sadeeki his parents, his brother and his sister

4. His family was quite poor rich and his parents had a sports shop food shop

5. He runs very fast because he is light he has longer legs he trains hard

Skydiving: an amazing experience!

When I was sixteen I wrote a bucket list. This was a list of things that I wanted to do in my lifetime. Some things were easy, some difficult and some near impossible. One of the things on my bucket list was to do a skydive.

2) Two years ago I spent three months travelling round South America. We visited so many places and it was a great experience. One of the most amazing things we saw was Iguassu Falls. The day after we visited the waterfalls we were relaxing in a hostel in Brazil, having breakfast. My friend then suddenly noticed an advert on the wall saying 'skydive over Iguassu Falls today!' We looked at each other and decided it was time to do something crazy. Today would be the day that we would jump out of a plane.

3) That afternoon we were picked up and taken to the Skydive Centre. We put on our harnesses and helmets and we were given some instructions. After signing a few papers we were on our way to the plane! There were 14 of us in a very small space as we took off into the air. This is when my heart started to beat very fast and I felt lots of adrenaline.

4) Suddenly we were 10,000 feet (3,000 metres) above the ground. Luckily, I was strapped to an instructor so I didn't have to worry about anything; I just had to enjoy myself. He asked me if I was ready to fall from the plane ... but before I had time to answer, I felt the wind rushing against my face as we fell to the ground at 200 km an hour! Everything below me looked so small and my breath was literally taken away.



5) After about 20 seconds of falling, the parachute opened and everything slowed down. We floated peacefully towards earth, leaving the clouds behind us. This was definitely one of the scariest but most exhilarating experiences of my life. The sensation of falling from so high is amazing and the adrenaline rush is crazy. I would definitely do another skydive if I had the opportunity. I would also love to try other extreme sports such as bungee jumping. I think that everyone should do something that scares them once in a while!

Read this text out loud.

Skydiving: an amazing experience!

- Choose 3 extreme sports and describe them.
- Say what you think of extreme sports.

Are you afraid of some of them? Which ones have you already done?

Which one would you put in your bucket list?

Which one do you think are really dangerous?

When you are an adult, which ones would you like to do with friends or family?

Write a few sentences about this video: <https://www.youtube.com/watch?v=bFIB05LGtMs>

Will Smith and his family are skydiving. What does Will Smith say about this experience?

Wife-Carrying: Location: Finland.

The sport of wife carrying involves hoisting up your little miss and, well, running.

Through forest. Through sand. Through water. Over log hurdles.

Three postures for toting your lady exist: piggybacking, dangling upside down over the shoulder, or resting crosswise on the shoulders. The sport has its origins back in the days

when to get a girlfriend, you just up and stole her from a neighbouring village. The Wife Carrying World Championships have taken place in the city of Sonkajarvi every year since 1992.



Sumo wrestling Location: Japan.

Have you ever stopped and thought about just how odd this sport is? Titanically obese men wear diapers, grunt, slap each other in the face and squash their roles of fat into each other. Can you believe these guys are rock stars in Japan?



Sepak Takraw from Malaysia

This game is said to have been first played by the Malaysian Royal Family in the 15th century and resembles modern day volleyball, with a few exceptions of course.

Played in a court the same size as a badminton court, with two teams of three on either side of a 5-foot net, the aim of the game is simple: don't drop the ball! Unlike volleyball, players can only touch the ball once before it goes over the net, and they're not allowed to touch the ball with their hands! This leads to all sorts of acrobatic displays from the players who use ingenious methods to keep the ball from faulting on their patch.

- 1) Read the text. Look up the unknown **vocabulary**.
- 2) **Compare** the three sports using these words don't forget: tall * **taller than*** the tallest // Intelligent * **more intelligent than** * the most intelligent // when it's the same: **as good as**
WORDS: painful * dangerous * physically demanding * technical * acrobatic ... and more...
- 3) Say **what you think** of each sport: does it sound interesting to you? Why? Would you go and watch it? Did you know all the sports? Which one would you like to try when you are an adult? Which one do you think is a bit ridiculous and why?
- 4) Watch these three videos and **write comments** about them. You can put subtitles in English.
 - a)Wife carrying: <https://www.youtube.com/watch?v=p7IM9f16QZ4>
 - b)Sumo wrestling: https://www.youtube.com/watch?v=Cj_QyxPZE8M
 - c)Sepak takraw: <https://www.youtube.com/watch?v=8T2VwSyTGtI>



A(wife carrying)



b (sumo wrestling)



c(sepak takraw)

Cheese-Rolling



When one thinks of dangerous sports, things like mixed martial arts, street lugging, and base jumping come to mind. Go ahead and add cheese-rolling to the list.

The annual Cooper's Hill Cheese Roll competition in Brockworth, England, involves stalwart athletes chasing eight-pound rounds of double Gloucester cheese down a ridiculously steep hill. It sounds quaint, however it's anything but, with cheese-chasers often seriously injuring themselves in the process.

This year's reigning champion was locally-raised cheese-chasing hero Chris Anderson, a soldier by trade, who ran down the steep hill, tearing his left calf, as he chased his wheel of cheese as it topped out at speeds of 70 mph, according to the BBC. His fiercest competition came from an Australian man called "Mangoes" who wore only a "budgie smuggler" (a Speedo-like swimsuit) and boots and called the race the most exhilarating thing you can do.



3 Read the text.

- Find as much information as possible about the event (What? Where? How often? Who?)
- Choose the two adjectives which best correspond to the sport:

dangerous

exhausting

boring

amusing

complicated

Use words from the text to justify your choice.

- Describe the atmosphere at Cooper's Hill Cheese-Rolling competition.
- In what way does cheese-rolling correspond to the historical definition of sport you discovered in the video?

The **Cooper's Hill Cheese-Rolling and Wake** is an annual event held on the Spring Bank Holiday at Cooper's Hill, near Gloucester in England. Participants race down the 200-yard-long hill after a round of Double Gloucester cheese is sent rolling down it. The event was traditionally held by and for the people who live in the local village of Brockworth, but now people from all over the world take part. The Guardian called it a "world-famous event", with winners coming from Canada, Australia, New Zealand, and Nepal.

Watch these videos and give key-words to describe it. Make some comments.

<https://www.youtube.com/watch?v=0-ai0GGeRjs>

<https://www.youtube.com/watch?v=KEh3wz-92i4>