

Surname, firstname.....



Did you already have training for first aid and actions in emergency?

When was that?

How often do you have to do it for it to be valid? Every year/ every three years/  
every 5 years?

If you haven't done it, would you like to do it and why?

Where can you do it?

5<sup>TH</sup> EDITION

# FIRST AID MANUAL



<https://kuiyem.ku.edu.tr/wp-content/uploads/2016/12/American-College-of-Emergency-Physicians-ACEP-First-Aid-Manual.pdf>

### Some help.

1<sup>st</sup> column

#### ASSESS FOR BREATHING

911 on the phone: Is he/she breathing?

You: Yes, he is/ No, he isn't

2<sup>nd</sup> column

#### RESPONSE

911: Check if she is conscious

You: Shake the shoulder, ask questions: What questions? Are you OK?, Can you hear me?.....



#### CIRCULATION

911: Check if he is bleeding

You: Yes, he is/No he isn't

Show how to place the casualty on his side in the recovery position.

Now let's do three situations

You can now go on a computer Pearl trees, First aid manual American college

<https://www.pearltrees.com/t/premiere/first-aid/id39648301/item350633488>

**Choose a page you like. Talk about it two by two (5 lines each) Mark / 5 Talk to the class without note.**

**Watch the example.**

