



ACTIVITIES

INDOOR

OUTDOOR

SOCIAL

DAILY ROUTINE

watch TV

surf the internet

play games

play video games

play board games

play make-believe

play hide and seek

arts

play an instrument

draw / paint

read

tidy one's bedroom

help with the chores

do the cooking

wash up the dishes

do homework / study

play sports

bike

skateboard

walk the dog

run / go for a jog

shop

go for a walk

have lunch / dinner with friends and family

celebrate an event

celebrate Christmas

celebrate a birthday

have a party

get up ≠ go to bed

prepare for school / work

go to school / work

eat

have breakfast / lunch / dinner

have a snack