**a waiter** (man)   
**a waitress** (woman) = someone who brings you food in a restaurant

**be still**   
**come to a standstill**   
**be motionless** = not to move

to **mistreat** somebody  
to **mishandle** somebody = to **misbehave with** somebody  
  
**cross  
infuriated** = furious

to **handcuff** somebody = to arrest somebody

to **help** someone **to** food = to **serve** somebody food

a **lunch counter** = a restaurant where you eat lunch at the counter