Haut du formulaire

Bas du formulaire

**Lire le texte et récapituler en français les aspects positifs du phénomène de cliques, les aspects négatifs et les conseils donnés en cas de conflit avec une clique.**

**Aidez vous de la toolbox et n’hésitez pas à consulter le dictionnaire en ligne wordreference.**

**Cliques in Schools**

By [Tania Dworjan](http://www.lovetoknow.com/member/65~taniadworjan)

Every high school across America still shows groups of teenagers, also known as cliques, in different variations. Some cliques, like the girls in the film *Mean Girls*, are rude, offensive, and give all social groups a bad name. It can sometimes be difficult to **deal** with cliques. However, there are a few simple **advice** to **prevent** cliques from ruling your life. In fact, not all cliques are bad.

**What Is A Clique?**

Generally speaking, the term "clique" has gotten a bad connotation over the years. This is in part because many cliques have an exclusive nature that can hurt feelings for people who don’t **belong to** a clique.

Most of the time, the mass media and the movies only represent cliques as negative. However, all the cliques are not always **mean**. Technically speaking, any group of friends or after school club can be considered a clique if it doesn't include all students.

**Dealing With Cliques**

Because of the exclusivity of these groups, some teens may feel like cliques are controlling their lives. If you are having trouble with the cliques in your school, here are some advice to make your life easier:

* Stay calm. Getting **upset** will only make things worse.
* Ignore them. While it might be difficult, cliques will only get worse if you pay attention to them.
* Create a group of your own friends.
* If things are really bad, speak to a counselor at your school.
* Cliques can be involved in bullying, a serious problem in many schools. If you feel bullying is an issue with a clique, contact a teacher or principal right away.

**Negative Qualities of Cliques**

If you belong to a clique you may:

* Feel hurt or excluded from the group .
* Feel like you are pressured to do things you do not want to do in order to stay in the group.
* Feel controlled by the group.
* Feel intimidated by others and their actions: If you feel you are **bullied** or victimized by a social group, you can do something about it. Talk to a counselor, teacher you trust. You can take control of the situation with help.

**Positive Aspects of Cliques**

While cliques can share negative qualities, they can also share advantages. Some of the pros include the following:

You don’t feel alone.

You belong to a group which is supposed to support you.

You can feel more **confident**.

You can live positive experiences with a clique: you feel close to some people and you can have fun with them.

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| Toolbox    Deal: gérer  Advice: conseil  Mean: méchant  Belong to : appartenir  Upset= angry  Bully: harceler  Confident: confiant |